

### 1<sup>st</sup> part Intro Deep Healing Meditation with Tibetan Gong

*First journey to the holy Healing Space of the Mountain where you will:*

- *Be guided through a process of purification and energies balancing*
- *Connect with the energies of High Spirits and with your Spirit Guides*
- *Connect with and commit to love and heal your inner child*
- *Set the ground for the initiation to your 'Unconditional Happiness'*

### 2<sup>nd</sup> part Teachings about Mind and Happiness

*We will explore:*

- *The purpose of our life on Earth & The school of life called Universe*
- *Spiritual evolution as physical knowledge and the law of Karma*
- *Our lives' tools – the body, the brain and the mind*
- *The structure of the behavioral side of the mind and psychological traumas*
- *Childhood traumas and unprocessed experiences: the real cause of confusion, depression, stress, lack of self-confidence, fears and loneliness*
- *'Unconditional Happiness': our natural state of mind and the true origin of our personal power, attractiveness, health, wealth, and success vs. The Industry of Happiness*
- *Our parents' responsibility and our responsibility as parents*
- *The Mind Revolution, the Spiritual Revolution and the New Age Movements*
- *Hierarchy of the Spirit over Mind, Mind over Body & spirit over mind alchemy for healing*
- *Hypnosis, E.E.G. Theta Ways and Tibetan Deep Meditation.*
- *Mind Management, Methods for clearing psychological traumas and practical exercises*
- *'Turn the camera' and Forgiveness as essential elements to 'Unconditional Happiness'*
- *We all deserve love – attract your divine partner and fulfilling relationships*
- *Being at the service of the High Spirits and raising the vibration of the Earth*
- *Getting ready for the main meditation - the library of the unconscious mind*
- *Q&A*

### 3<sup>rd</sup> part Main Deep Healing Meditation with Tibetan Gong

*In this second journey to the holy Healing Space of the Mountain you will:*

- *Be guided through a deeper process of purification and energies balancing*
- *Be introduced to the Eagle medicine*
- *Connect with your inner child and visit the library of your unconscious mind*
- *Experience the healing of some of your psychological/ childhood traumas*
- *Experience the healing power of regression back to your mother's womb*
- *Commit to 'Unconditional Happiness'*
- *Learn how to contribute to raising the vibration of the world*
- *Create energy of pure love to offer to the Higher Forces within a sacred ceremony*